

# Free, Friendly and Fun! Community Learning and Skills

*Mystified by your child's schoolwork?  
Stuck for ideas?  
Feeling a bit rusty in Maths and English?*

Lockdown means home-schooling is back but help is at hand for parents and families in Cumbria.

The Community Learning and Skills Family Learning Team are keen to support families with home-learning, with their exciting and varied offer of free, short, online "Family Learning Quick-Skill" courses, all packed with ideas and activities.

Details of all courses and how to enrol can be found online at:  
<https://adultlearning.cumbria.gov.uk/subjects/family.asp>

Alternatively contact your local centre to have a chat with one of our friendly staff:

**Allerdale:** [allerdaleclas@cumbria.gov.uk](mailto:allerdaleclas@cumbria.gov.uk) / 01900 706023

**Barrow:** [barrowclas@cumbria.gov.uk](mailto:barrowclas@cumbria.gov.uk) / 07867 182841

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